

Special Report

Arthritis Natural Cure: How And Why It Can Happen For You!

**A Revealing Behind-the-Scenes Look at a
Powerful Natural Healing Process You
may have THOUGHT You Understood**

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Introduction

Recently a client called with a question. “At what point does your body begin to heal and cure itself of arthritis or any other disease – how can you tell when it’s happening?”

I answered her question and in doing so realized the great majority of people stricken with arthritis could benefit from what I discussed with my client.

As of this writing, there are many advertised remedial measures for arthritis, both traditional and alternative, and many still in the conceptual and developmental stages. However well-meaning these treatments and therapies may be they cannot do what only your body in and of itself alone can do...heal and cure itself of arthritis naturally.

My intention with this publication is to offer a brief but reliable and experience-based narrative on how this natural healing phenomenon unfolds, step-by-step, and how knowledge of the same can help you prepare for what may be the greatest battle of your life – the battle to permanently recover from arthritis and regain control of your life.

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Do You Have what it Takes to be Healthy?

If you're seeking a permanent cure for arthritis or any disease state you must be willing to do what it takes to experience such a complete healing. Under normal circumstances your body will demand that you be physically, mentally and emotionally capable of walking back in time, along the disease reversal path, to uncover the initial inflammation of any disease state you may attempt to cure.

That is where you can nip it in the bud, so to speak. From personal experience, I assure you it can be a tedious, difficult, testy road to complete recovery but it is worth the effort if you desire to live your life free of disease.

Before the tissue correction and disease reversal process can happen you must be employing many if not all of the primary agents of cure.

Primary Agents of Cure

Try as you may your efforts to overcome and recover from a disease such as rheumatoid arthritis will not meet with success unless you are utilizing natural healing forces available to you.

Following are the six basic components that must be present while you are actively involved with reversing the direction of your disease in order to return it to the acute stage of initial inflammation where you can experience a permanent natural cure:

1. Use a therapeutic fast, elimination diet, series of colon cleansings or other natural means to remove and correct the toxic condition which led to development of your disease state. This will usually help bring on a healing crisis within six to twelve weeks. A healing crisis indicates your body is now strong enough to go through a major tissue rebuilding and replacement process.
2. Get plenty of rest daily to help build vital force necessary to restore energy and efficient metabolic function.
3. Keep your body as clean as possible – particularly feet, hands, head, teeth and groin area.
4. If physically capable, exercise your abdomen, legs and arms and breathe deeply at periods throughout the day to help oxygenate blood, increase vital force and remove carbon dioxide from cells and blood stream.
5. Provided you are not fasting, eat foods and drink liquids that are 'alive' and well-balanced in nutrients.
6. Eliminate unnecessary foods, snacks, drugs, tobacco smoke or chemical-based topical skin and hair products.

Before attempting to bring about a natural curative healing of any disease state it's a good idea to have a working knowledge of what a cure would entail and how it would occur.

Hering's Law of Cure

Constance Hering, a brilliant homeopathic physician of the nineteenth century, discovered an unerring law of natural cure:

"All cure starts at the head and then moves downward toward the feet; from deep within the body's core and then moves outward toward the skin, nails and hair; the body will begin revisiting and consequently eliminating the symptoms of disease in the exact reverse order in which the symptoms originally appeared during life."

Hering learned that you must untie a knot in exactly the opposite way in which it was originally tied. When organic disease comes to your attention it never simply appears out of thin air. There is always a root set of causes which create conditions where sickness can take hold and manifest.

Hering recognized that certain events had to take place to create the disease state and that there were various stages visited as a disease state unfolded and subsequently degraded. That pathological activity was developed into a four-stage system, initially by Henry Lindhlair, MD and later perfected by Dr. Bernard Jensen.

Four-Stage Path of Disease Development

- *Acute Stage* –Tissue becomes inflamed and tender to touch and may exhibit swelling. Discharge may be evident.
- *Sub-acute Stage* – Tissue becomes less painful due to body's ability to transport organic sodium, potassium, magnesium and chlorine compounds where they are needed to reduce excess acid accumulations in joints and soft tissue. Disease continues to degrade.
- *Chronic Stage* – Tissue pain increases and pathological physical changes begin to appear in joints and soft tissue. Body chemistry begins to change. Ability to carry out efficient metabolic functions hampered.
- *Degenerative Stage* – Tissue is dying or dead. Vital force is severely limited or entirely absent from tissue.

This is the usual path of progression most disease states such as arthritis will follow, starting with the acute stage of initial inflammation and steadily degrading to the degenerative stage.

Disease Reversal Path to Healthy Living

To cure an affliction is to restore structural integrity and normal function of formerly distressed and dysfunctional glands, systems or other body tissue. The only tested and proven way to cure and permanently heal the body of disease, and restore a condition of normalcy, is to engage a process known as '*correction through tissue replacement and disease reversal.*' This implies the need to travel back along the exact same path disease originally developed during a process of tissue cleansing, resting and replacement therapy.

Many of the old school American and European alternative health practitioners once referred to this as the eliminative, transitional and building stages of cure.

Beginning with the current condition of degenerative disease affliction, certain curative healing agents are employed to begin the disease reversal process. Once it is underway you follow the disease state back from the degenerative stage to the chronic stage and then to the sub-acute stage.

Finally you will arrive from the sub-acute stage at the all-important *acute stage of initial inflammation* where what is left of the disease can be handled as you would take care of any acute inflammation or discharge NATURALLY.

The Acute Stage is where all Cures Happen

The acute stage is where a cure can take place – where conditions were once ideal for the development of the disease. You don't look for or expect a cure to take place at any other stage of the disease process. It will only occur at the acute stage of inflammation.

You can treat pain and discomfort at the other three stages but you cannot experience a cure there. It must be done at the acute stage. This is the point when the disease state was weakest and had not yet established itself as a fully developed ailment.

There is no set time period for how long it will take for you to retrace the disease back to the acute stage of inflammation. Everyone presents a different set of circumstances that will influence the time for cure and deep cellular healing. Consequently, there is no exact, predictable moment in which a cure can take place.

Dramatic Effects of a Healing Crisis

A healing crisis will generally appear when your corrective efforts along the disease reversal path have brought your body to the gate of the acute stage of inflammation. This is nature's telltale sign that your body is now strong enough to begin throwing off toxic material which contributed to the original development of the arthritic disease state.

This great cellular cleansing effort will occur by purely natural means. Your body has gathered the necessary vital force and mineralization required to pass successfully through this great transitional period.

An interesting phenomenon is often experienced a day or two before the crisis begins. You will feel better than you have in a long time. This entails being energetic, lively and being in a good state of mind. Then, all at once, the healing crisis hits. It usually starts as a fever, cold, watery and itchy eyes or a slight pain somewhere. The next day you feel as if you have the flu and you experience more pain than the first day.

By the third day you may have acute pain in the joints where you first experienced arthritic pain or in certain soft tissues. This is your rejuvenating vital force moving into and through your joints and other affected body parts in a supreme effort to rid your body of all traces of arthritis or whatever other disease remnant has been awakened by the healing crisis.

Once the healing crisis has run its course your body can begin to rebuild itself with healthier, disease-free tissue and clean, nutrient rich blood. In children the crisis can be reached within two weeks. Generally speaking, most adults will not experience a major healing crisis for two or three months - provided a health promoting diet and lifestyle are being followed up to the healing crisis.

The stronger the physical constitution, the shorter and more intense the healing crisis tends to be. People with low vital force may take a solid week to pass through a healing crisis. No two people are alike in this regard. As the eminent physician, Russel Tral, noted, healing crises can be mild and barely perceptible or quite intense and accompanied by pain and distress. Nature alone makes that determination.

A Healing Crisis Starts the True Curative Healing Process

As you can clearly see, the healing crisis, or a series of them, is always the precursor to a cure. The curative process for permanent healing begins to take place when you arrest and stop the further degradation and degeneration of your body and replace distressed or dead tissue with healthy tissue.

From there everything you do that ushers your body further along the disease reversal path is part of the cure. Specifically speaking, a cure can be said to happen when there is no further trace of the disease state in question and you are continuing to employ the healing and curative agents which have delivered you to that desired place.

You have effectively arrived at a natural curative healing under such circumstances, but your house of cards will collapse if you fail to pursue daily activities required to support and sustain your achievement.

Pulling It all Together

There are many helpful aids for dealing with and overcoming arthritis such as skin brushing, massage, flash cards, acupuncture, chiropractic, an upbeat attitude, calm emotional positioning, frequent laughter, pleasant pastimes and the like. However, the six primary agents of cure and a clear understanding of Hering's law of cure are what I've found to be most important in permanently reversing and resolving chronic and degenerative disease states.

Once you embrace and maintain a truly healthy way of life, which should include periodic visitations to the primary agents of cure, you will be more concerned with what you can prevent than what you can cure.

By the way, if your doctor or other health care practitioner doesn't understand the basic principles of cure as discussed in this publication – a large part of which was taught by Hippocrates of Cos, the father of western medicine – perhaps you could be so kind as to get him or her up to speed.

As mentioned previously, this publication was intended to be an overview of what an arthritis natural cure and recovery effort should entail. For specific information on how I would personally supervise and oversee your recovery effort, visit my website at:

<http://www.BestNaturalCureForArthritis.com>

Thanks much for your audience and indulgence.

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Resources

To reach me by email:

info@bestnaturalcureforarthritis.com

If you or someone you know is afflicted with a serious addiction to any recreational street drug, opioid or other prescribed drug, click on the link below and visit my drug abuse website:

<http://www.DrugAddictionCentral.com>

For information about my new, breakthrough technique for recovering from any eating addiction disorder, visit:

<http://www.HowToOvercomeFoodAddition.com>